

Travel Tips



Air travel

- Label your luggage inside and out. Use luggage labels with flaps that hide your name and address.
- Make sure to bring an appropriate piece of government issued photo ID and keep it handy.
- Check with your airline or travel consultant to confirm the baggage policy.
- Pack only the essentials and valuable items in your carry-on baggage.
- Carry all medications in your carry-on baggage along with details of your condition and treatment.
- Avoid flying with a cold or congestion as it may cause ear pain.
- When on a long flight, try to move your ankles, toes and legs regularly.
- Keep carry-on baggage to a minimum to leave the area under your seat empty to enable stretching.
- Avoid taking sedatives before and during a flight in order to refrain from sleeping too soundly and to be able to move freely.



Road travel

- Avoid difficulties in finding accommodations by booking your hotel or camping site well in advance.
- Find out what amenities your hotel provides (irons, blow dryers, cribs) to help reduce luggage.
- If crossing the US border, make sure to check information on crossing points, hours of operation and border wait times.
- Plan your route with CAA's online TripTiks travel planner. Fully customizable, it provides time and distance totals, as well as local listings for restaurants, attractions, gas stations, and more!
- Make sure you're prepared for the worst case scenario. Take your vehicle to your mechanic to ensure it's fit to travel, and buy an emergency kit or assemble your own to keep in your vehicle at all times. Kits are available at CAA service centres or online at shop.caamanitoba.com.
- Check road and weather conditions for your area and the area you'll be travelling to before you begin your journey.
- Have plenty of nutritious snacks on hand, such as raisins, sandwiches, bagels and bottles of water.



Travel Tips



Travelling abroad

- Registration of Canadians Abroad is a free service that keeps you connected to Canada in case of an emergency abroad, such as an earthquake or civil unrest, or an emergency at home. Whether you're planning a vacation or living abroad, take a few minutes to register. <http://travel.gc.ca/travelling/registration>
- Make sure to check for any advisories for the country you are travelling to, as well as travel advice (such as safety, security, local laws and customs, entry requirements).
- Many countries require visas for entry or for extended stays. Make sure you know whether you need a visa and get it well in advance of your trip.
- If you travel abroad you need travel insurance, no matter where you're going or how long you'll be there.
- If planning to drive, get an International Driving Permit (IDP). It's a multi-language translation of your driver's licence, which allows you to drive a passenger vehicle while travelling in many foreign countries. It's the best way to authenticate your licence with foreign rental car companies, police and authorities. (CAA is the exclusive provider of IDPs in Manitoba.)
- Depending on your destination, your passport may have to be valid for up to six months after you return. Ask your travel consultant about your destination's passport validity requirements.
- You may need to be vaccinated against one or more diseases before you travel. See your doctor after confirming where and when you'll be travelling.
- Get some local currency, or a Cash Passport™ – MasterCard® Prepaid Currency Card from a CAA service centre before you leave.
- Make sure to get the necessary adaptors so your cell phone, tablet or camera don't run out of battery life while you're away.



Travelling with kids

- Rehearse with your children before you leave: pitch a tent in the backyard or take a day trip to get your kids used to spending time away from home.
- Involve children in the planning. Let them look at your CAA maps and TourBooks, watch videos or look at photos of your destination.
- If you're travelling with a small child and plan to rent a car, make sure the rental company can provide a car seat. Otherwise, pack one along with your luggage.
- Take the phone number of your pediatrician and a first aid kit, as well as cleaning products such as wet wipes and paper towels.

